

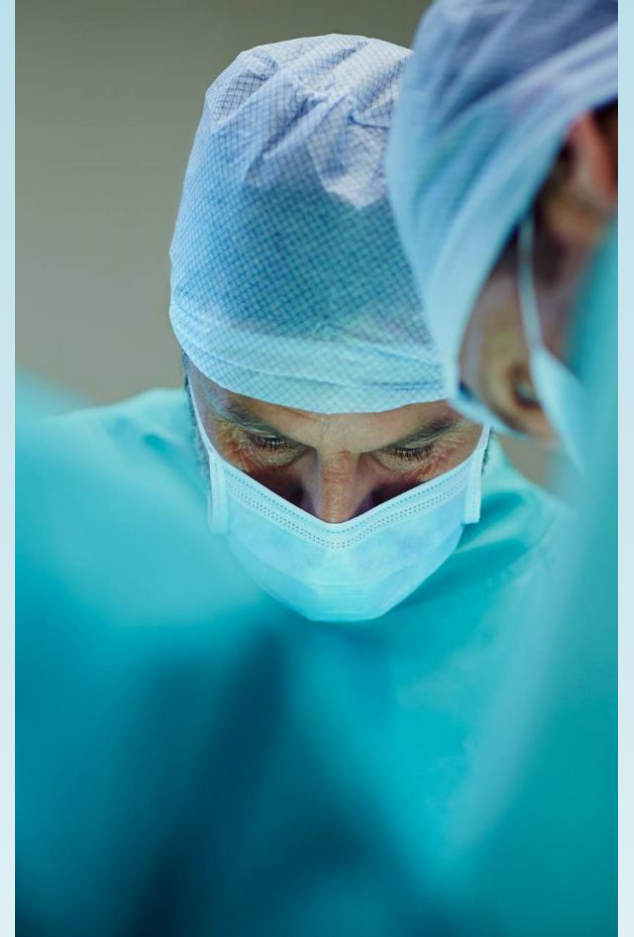
Health Care And Health Insurance Overseas

**Kat Kalashian with Lief Simon,
Adam Bates, and Rebeca Camara**

Live And Invest Overseas In Europe 2023

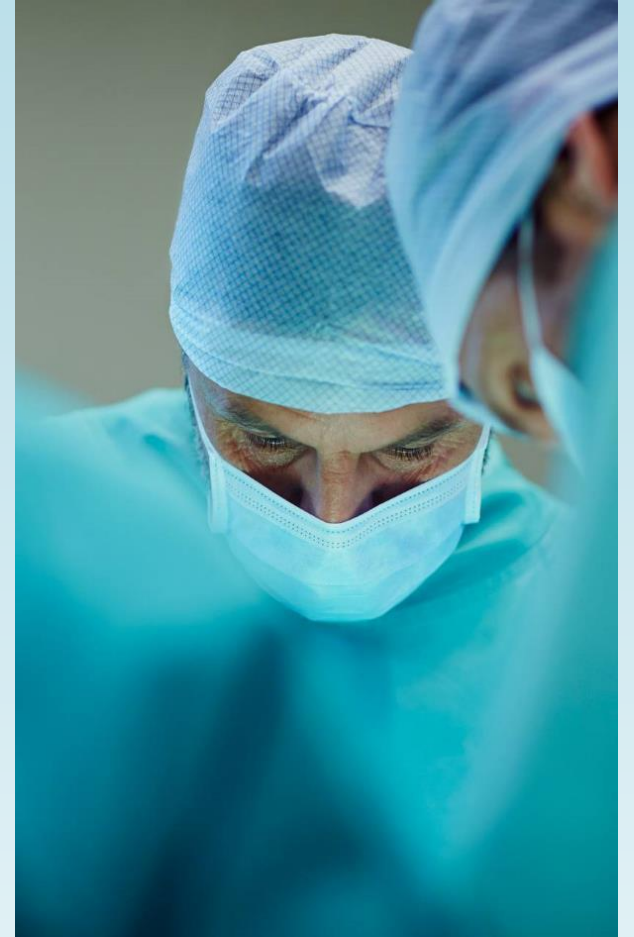
What We Have To Gain Abroad

- Quality of care
- Personal attention, no rush
- Low cost, possibly free care
- Availability of specialty care



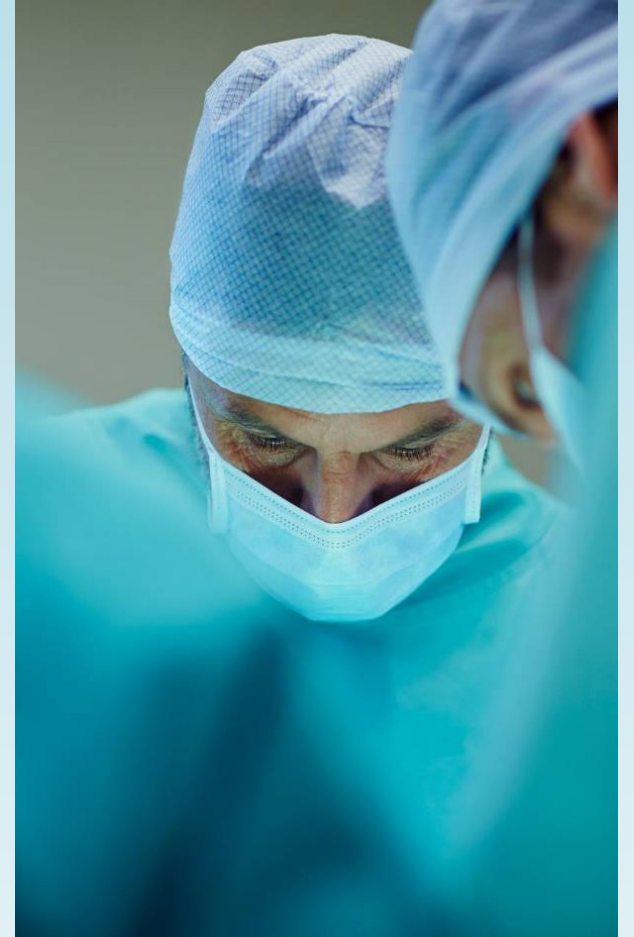
What We Have To Gain Abroad

- Low cost drugs
- Often non-prescription
- Pharmacists will give advice



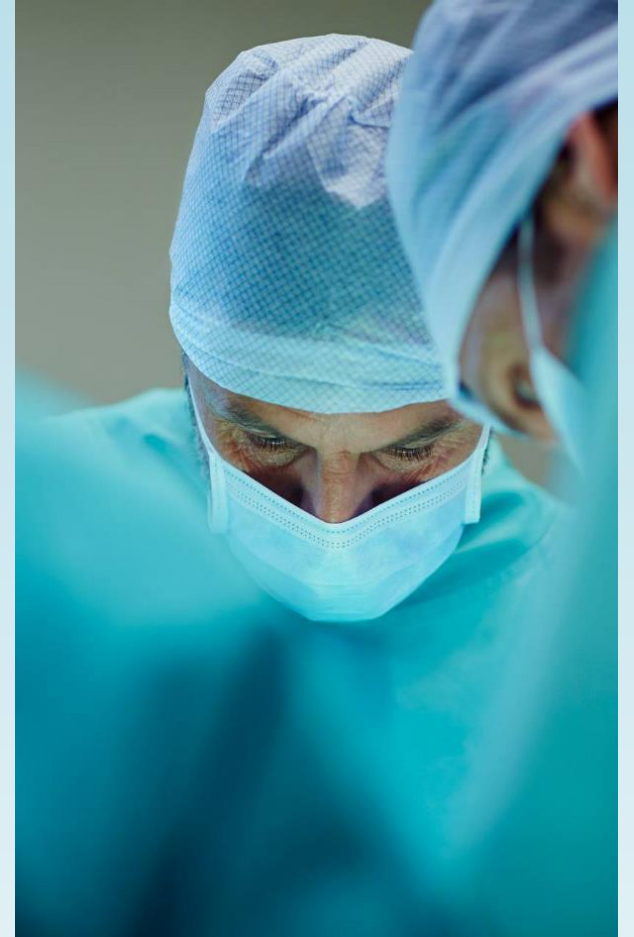
Potential Concern In Europe

- Wait times for the free systems



Understanding Your Care Options

- Public versus private
- Clinics versus hospitals
- Specialists versus internists
- Location matters



Finding Care

- English speaking doctors
- Neighborhood clinics
- Online resources
- Virtual care
- While traveling



Health Insurance Key Considerations

- Age (for first policy)
- Pre-existing conditions
- Breadth of coverage
- Deductible
- Annual and lifetime maximum benefits
- Do you need coverage for the United States?

Health Insurance Policy Options

- International policy
- Local policy
- Public system
- No policy
- Travel policy
- Medicare supplemental coverage